

WIC MEDICAL NUTRITIONAL PRESCRIPTIONS / CLINICAL DATA PREGNANT, BREASTFEEDING AND NONBREASTFEEDING POSTPARTUM WOMEN

Completion of this form is voluntary. Personally identifiable information is used to determine WIC services (e.g., certification/enrollment and food package issuance) and may be disclosed to others only as allowed by state and federal laws.

INSTRUCTIONS: To provide clinical data (to facilitate WIC enrollment), complete the Clinical Data section. To prescribe a WIC-approved medical nutritional product, complete Prescription sections 1, 2 and 3. Indicate additional concerns or relevant obstetrical history in the Nutrition/Health Concerns/Relevant Obstetrical History section, as appropriate.

Patient's First and Last Name _____ Birthdate (MM/DD/YY) _____

CLINICAL DATA

Pregnant and Postpartum Women: Current Weight _____ Current Stature _____ Date taken _____
Hct ____% and/or Hgb ____ mg Date taken _____ Vitamin/Mineral Rx _____

Pregnant Women: E.D.D. _____ Current weeks gestation _____ Prepregnancy weight _____

Postpartum Women: Delivery date _____ Prepregnancy weight _____ Weight gained _____

If not on WIC prenatally, prenatal nutrition-related health problems or relevant obstetrical history:

- | | | |
|---|---|--|
| <input type="checkbox"/> Gestational Diabetes | <input type="checkbox"/> Food allergy or intolerance: _____ | <input type="checkbox"/> Chronic disease: _____ |
| <input type="checkbox"/> Pregnancy-Induced Hypertension | _____ | _____ |
| <input type="checkbox"/> Hyperemesis Gravidarum | <input type="checkbox"/> Infectious disease: _____ | <input type="checkbox"/> Other nutrition-related health problem: _____ |
| <input type="checkbox"/> Anemia | _____ | _____ |

PRESCRIPTION (Complete 1, 2 and 3; all are required for WIC provision of the prescription.)

1. Medical Nutritional prescribed:

Ensure: ☐ Regular ☐ Fiber ☐ Glucerna ☐ Glucerna OS ☐ High Calcium ☐ High Protein ☐ Light
☐ Plus ☐ Plus HN
Boost: ☐ Regular ☐ Fiber ☐ Plus ☐ High Protein ☐ Breeze

2. Intended length of use: Number of months _____

3. Medical diagnosis and ICD-9 code justifying the above prescription:

- | | | |
|---|---|--|
| <input type="checkbox"/> Hyperemesis Gravidarum (643) | <input type="checkbox"/> Low maternal weight gain (646.8) | <input type="checkbox"/> Other diagnosis, with ICD-9 code (required): _____
_____ |
| <input type="checkbox"/> Gestational Diabetes (648.2) | <input type="checkbox"/> Prenatal weight loss (783.2) | |
| <input type="checkbox"/> Multifetal gestation (651) | <input type="checkbox"/> Intestinal Malabsorption (579.9) | |

NUTRITION/HEALTH CONCERNS/RELEVANT OBSTETRICAL HISTORY:

SIGNATURE - Health Care Provider _____ Date Signed _____
(Physician, Physician Assistant or Advanced Practice Nurse prescriber signature is required for prescriptions of the above formulas or medical foods.)

Printed Name of Health Care Provider _____

Medical Office/Clinic _____

Address _____ Telephone _____

LOCAL WIC PROJECT:

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.